

# instinct

JULY 2004

## Madonna's Newest Ambition

Is Her Tour Living  
Up To The Hype?

Meet The  
World's  
Most Boring  
Homo—  
page 52

### KEEP IN TOUCH

How Bluetooth  
Technology Can  
Help You Score

### LYNDA CARTER

Wonder Woman  
Comes To Our  
Rescue—Again

### COVER GUY

Rich Menichelli:  
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A Little Bit Of A Maniac"

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8 Hot  
Guy  
Hangouts

Where To Go If You're  
Hung Up On Hunks

## where the magic happens

Inexpensive tips to pimp out your bedroom

Want a sexy bedroom but don't have the money to hire Thom Filicia of *Queer Eye*? Fret not, *Instinct* spoke to design expert (and hottie) **Jay Jeffers** to dissect his pricey creations and find affordable yet classy alternatives that will help turn your bedroom into a love den.

**INSTINCT:** What are some of the trends going on right now in design for bedrooms?

I think the most important trend right now in design is really personalizing it, because there's so much out there as far as furniture goes. Make it your own, whether that is finding an old piece of furniture and recovering it in something or bringing in some sexy bed linens that really make you feel sexy. I think that's the main trend in bedrooms.

When I say "sexy bedroom," what do you picture?

I picture luxurious, deep colors, like chocolate brown or hot pink. I picture wonderful-feeling textures, like cashmere walls or quilted silk draperies or sexy fur pillows.

What are some cost-conscious things that people can do at home to make their bedroom look sexy?

Well, paint is one of the least expensive things to do, and I think it's definitely a way to make a room look sexy. If you've got a light-colored bedroom and you want to make it sexy, do a deep color. Do a deep, rich brown, do terracotta on the walls. That certainly makes you walk in and immediately feel sexy. Candles are always a great thing to make you feel a little scuzz, a little groovier. Great music. Incense.



### Embrace the Pink

Don't be afraid of color! It's a good thing.

Why should gay men embrace pink?

Pink looks excellent next to the skin.

Does pink in a bedroom mean you're a bottom?

Oh God, no. There's nothing hotter than a big top wrapped in a pink thong.





### Mix and Match

Contrast shapes and mix vintage with modern.  
If it's done right, it won't be jarring.

*How do you make something vintage work with something very modern, like in this room?*

"The lamps are antique Moroccan," notes Jay. "The lamps being glass have very sexy, bulbous shapes to them, and I think that kind of curvy shape mixed with the very straight lines of the bed makes the room feel lived in. I always put some vintage in the room. It really brings some soul, which always makes a room feel sexy."

*And you can get plenty of antiques so the cheap at a flea market or garage sale.*



### Get Furry

If you're getting a rug or carpet, consider a leopard print.

**Leopard can be classy!**

"Leopard on pillows or on clothing, no. That's a definite no no! Leopard is classy on the floors to me."

**And it's good padding if you're on your knees.**  
Most definitely! This room just oozes sex to me.

It's a place where anybody could come in and have a really great time.

